PE FACILITIES AT CoPA



Sports Hall

Pupils at COPA are fortunate to play a variety of indoor sports in the main sports hall with a newly (2016) refurbished sprung floor. The sports hall is equipped with six basketball rings and markings for a variety of popular activities. It also benefits from a mezzanine viewing gallery which doubles as seminar area for GCSE PE pupils.

Gymnasium

The second indoor sports facility is the Gymnasium. Ideal for gymnastics, fitness circuits, table tennis and many other sports, the Gymnasium has also recently (2016) been refurbished with a new sprung floor.



Fitness Suite



With a planned opening date of September 2016, CoPA will soon have use of a fitness suite. The facility will be equipped with a range of cardiovascular training equipment including treadmills, exercise bikes and rowing machines. The fitness suite will also have fixed and free weights for resistance training.

Astroturf

The Academy's 3G Astroturf provides a flood-lit, all weather facility for pupils to play football, hockey and tag rugby.



Hard Courts

Netball and Tennis are played on the Academy's floodlit hard court facility.

Sports Field

CoPA pupils benefit from a large grass sports field with room for two full size football pitches and three junior pitches in the winter and a full size Athletics track in the summer.

