

Ref:RIB/AL/SexEdSMSC

04 December 2020

Dear Parent/Carer

RE: SEX AND RELATIONSHIP EDUCATION

Nowadays there is a vast amount of sometimes confusing information about relationships and sex on the internet, on TV, in magazines, etc which young people may have access to. This can sometimes make an already confusing time seem even more complicated. Therefore, as part of the school's Social, Moral, Spiritual and Cultural Education programme your child will soon receive sex and relationship education within their tutorials and PSHE lessons.

The purpose of the sessions are to provide knowledge and understanding as the young people start their transition into adulthood. With good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices.

The key aims are to:

- Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- Foster self-awareness and self-esteem.
- Develop a sense of responsibility and respect for themselves and others.
- Raise awareness of sexually transmitted infections.

The session includes teaching materials that are appropriate to the age and emotional maturity of the pupils concerned and the teacher will aim to present the programme in an objective, balanced and sensitive manner.

Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the session would you please contact me in writing at the Academy before Friday 8 January 2021.

Yours sincerely



Mrs. R Ibrahim
Student Development Lead